

CENTRAL SUSSEX C. C. 2nd Hilly 10 miles time trial, Saturday 25 February 2023.

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

A qualifying event for the Sussex C. A. Spoco series and Spoco South-East.

HQ – Handcross Parish Hall, High Street, Handcross, West Sussex, RH17 6BJ.

NOTE – Different HQ to 2022. Neither bikes nor cleats inside the HQ, please.

HQ to start: 2.75 miles; north on B2114 to Pease Pottage,
then left at 1st roundabout west for half a mile.

COURSE GS/186: Start in Grouse Road, just west of Pease Pottage, at south end of “Grouse Road” sign, 4 yards south of Forest Road. Go left into Forest Road and west to Colgate,

where SHARP left into Blackhouse Road 1.40 1.40 miles

Go south-east to Grouse Road 0.87 2.27

where left and past start completing a circuit 0.93 3.20

Again go left into Forest Road and go west through Colgate to

TURN at first roundabout 3.53 6.73

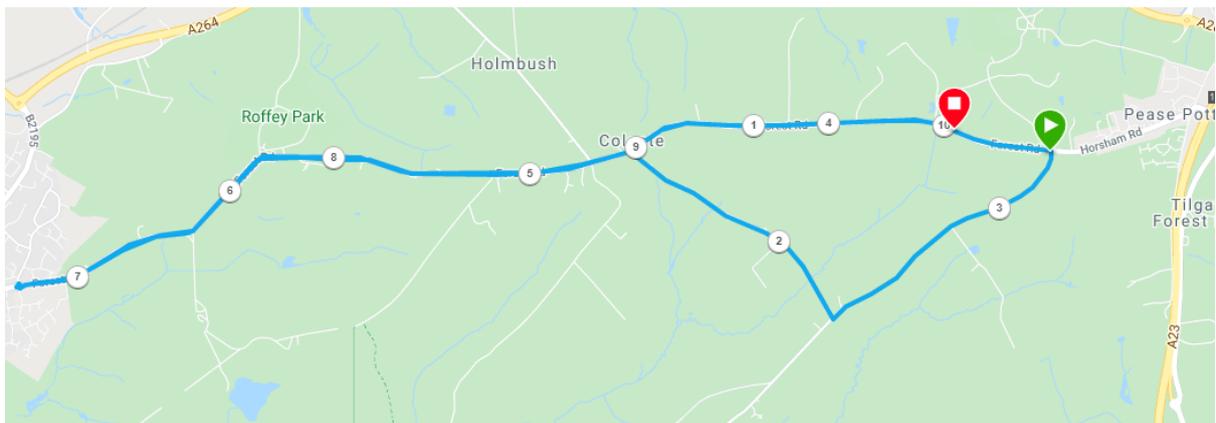
At junction with Elgar Way, Roffey on the left and Beech Road on the right

Encircle roundabout and retrace on Forest Road through Colgate

To FINISH 30 yards west of “Public Footpath” sign on south side of road,

0.29 mile west of opposite the start. 3.27 10.005

RIDERS – be aware there is a triangular section of this course which you will cover before passing the start again and then an out and home stretch of the course. Therefore, upon reaching Colgate the second time, be prepared to go straight on; it will not be easy for the marshal to identify you.



PLEASE REMEMBER TO SIGN ON FOR YOUR NUMBER.

AFTER FINISHING, SIGN BACK IN WHEN RETURNING YOUR NUMBER.....

COURSE RECORDS: **Men incl. road bike** **James Boyman** **22 20**
 Women **Tracey Williams** **29 20**

CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT Regulations require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.

No form = No ride.

No parking available at the start or at the finish.

LONDON SOUTH D.C. regulation:

No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start and finish.

No times will be given out at the finish.

Apart from riding to the start, no warming-up on the course once the event has started.

Timekeepers: at the start, Chris Woods, Crawley Whls.

at the finish, Richard Meed, Lewes Wanderers CC.

Event secretary: Robin Johnson, 7 Gorselands, Billingshurst, West Sussex, RH14 9TT; 07733 132043.

PRIZES:

TT BIKES' "10":

FIRST £15 + Wine, value £6.

2nd Wine, value £6.

ROAD BIKES' "10":

FIRST £20 + Wine, value £6.

2nd £15 + Wine, value £6.

3rd Wine, value £6

PAST WINNERS:

	T.T. Bikes:		Road Bikes:	
2022	Cris Coxon	22 53	James Boyman	22 20
2023				

ORDER OF START:

ROAD BIKES' "10":

number	start_time	firstname	lastname	club	gender	category	age_
1	10.01.00	Alan	Robinson	Central Sussex CC	Male	Veteran	82
2	10.02.00	Caroline	Wyke	CC Sudbury	Female	Veteran	67
3	10.03.00	Stuart	Payne	Central Sussex CC	Male	Veteran	60
4	10.04.00	Aaron	Sparks-Carolan	Sussex Revolution Velo Club	Male	Senior	38
5	10.05.00	Shaun	Marlor	Bec CC	Male	Veteran	50
6	10.06.00	Steve	Coombs	Sussex Revolution Velo Club	Male	Veteran	42
7	10.07.00	Terry	Cakebread	Finsbury Park CC	Male	Veteran	65
8	10.08.00	Richard	Keevil	GS Stella	Male	Veteran	54
9	10.09.00	Graham	Hurrell	Basildon CC	Male	Veteran	63
10	10.10.00	Chris	Barker	Sussex Revolution Velo Club	Male	Veteran	45
11	10.11.00	Andy	Betts	Sigma Sports Cannondale RT	Male	Veteran	46
12	10.12.00	Olly	Thomas	Sussex Revolution Velo Club	Male	Senior	37
13	10.13.00	Tony	Reeves	GS Stella	Male	Veteran	51

T. T. BIKES "10":

number	start_time	firstname	lastname	club	gender	category	age_
14	10:14:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	74
15	10:15:00	James	Bromley	Hart Performance Coaching	Male	Veteran	63
16	10:16:00	Richard	Pimlott	Finsbury Park CC	Male	Veteran	62
17	10:17:00	Mike	Boyce	...a3crg	Male	Veteran	67
18	10:18:00	Ian	Braybrook	Basildon CC	Male	Veteran	48
19	10:19:00	Paul	Turton	Team Vision Racing - Silverhook	Male	Veteran	51

Very grateful thanks to all entrants as, without you, there would be no hilly "10".

Same number of entrants as in 2022.

PRIZE PRESENTATION to be held as soon as possible after the events.